

Specific physiotherapy treatment

Take advantage of your stay to improve any type of physical ailment.



Relaxing and stressfree treatment

Surround in a cozy atmosphere to get a sense of peace and well-being. A Massage that helps relieve accumulated tensions, promotes deep rest and revitalizes your energies.

Deconstructing treatment

A treatment that helps restore normal muscle tone, joint mobility and provides a great unwind for the body. Deep massage focused on treating muscle contractures.



Foot reflexology

Massage technique applied to the feet and / or hands, where all body structures are anatomically represented. Through stimulation of reflex points the aim is to restore the patient health and promote relaxation for the whole body.



Skull-Sacral

It is a very gentle but deep palpation technique that helps to restore the natural processes of rebalancing and healing of the body. The therapist will detect areas of blockage or immobility, which indicate tension and malfunction.



A therapy that helps to achieve deep relaxation of the whole body.

Treatment rates in Can Punxó:

Treatment 45' min → 50 €

Treatment de 60 min → 60 €

** to 2,7 km de Mas Grau, to 3,4 km de Mas Roca*

Treatment rates in Mas Grau or Mas Roca:

Treatment 45' min → 60 €

Treatment 60 min → 70 €

All treatments will be done by a physiotherapist.

Phone: +34 637852716

Direction google Maps: Can Punxó, Estanyol

41°57'00.8"N 2°43'01.6"E

